

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – MEDICAL SOCIOLOGY.

THIRD SEMESTER – APRIL 2010

SO 3807 - COUNSELLING

Date & Time: 23/04/2010 / 9:00 - 12:00 Dept. No.

Max. : 100 Marks

PART - A

Write a short note on the following questions in about 30 words each (10 x 2 = 20 Marks)

1. Vicarious learning
2. Internal locus of control
3. Behaviour modification
4. Positive reinforcement
5. Empathy
6. Libido
7. Associationism.
8. Self-Actualisation
9. Mirror statements
10. Concrete operational stage.

PART - B

Answer any Five questions in about 300 words each (5 x 8 = 40 Marks)

11. Why is punishment often ineffective in behaviour modification?
12. What are the purposes of using cognitive and behavioural techniques in cognitive therapy and counselling?
13. Why is the counsellor expected to exhibit an unconditional positive regard to the client?
14. What is stress? Why has it reached an epidemic proportion in the modern world?
15. Highlight the ethical guidelines in counselling.
16. What modern day pressures are contributing to the increase in suicides?
17. What is depression? How would you counsel a person suffering from depression?

PART - C

Answer any Two questions in about 1200 words each (2 x 20 = 40 Marks)

18. What are schemata and how do they affect an individual's personality and behaviour?
19. What issues would you expect to be raised by someone who had been tested for HIV without their prior consent? How would you counsel them?
20. Examine in detail the process of counselling.
21. Critically evaluate the stages of psychosexual development.

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